

# ANUBHAV KARMAKAR



## PROFILE

Back in 2013, MTB Himalaya - a multi-stage tour, had enticed Anubhav Karmakar into the world of endurance sports. That same year, he also began his journey of running marathons.

His love for climbing hills on tarmac saw him move onto road racing and finishing on the podium on multiple occasions. He has extensive experience of multi-day racing/ tours like Tour of Nilgiris, Tour of Friendship - Thailand and recently finished second at the Tour of Glory. His ability to time trial on the bike and run long distances has helped him finish on the podium at many marathons, triathlons, duathlons - some of the recent events being Tata Steel Kolkata 25 and SBI Green Marathon Hyderabad. He finished the Berlin Marathon in 2 hours 59 mins to qualify for the prestigious Boston Marathon to be held in 2019. He recently won the 3rd place in his age category at the Tata Mumbai Marathon with finishing time of 2 hrs 52 mins to qualify for another World Majors race, the New York Marathon to be held in 2019. He particularly enjoys competing in Ironman 70.3 races around the world and has completed three editions of this race in Vietnam, Turkey and Colombo.

He is working actively to create an ecosystem that encourages and supports structured and scientific training in endurance sports like cycling, running and swimming. His primary initiative in this direction is a coaching entity, Athloft Multisport that guides amateur athletes around the country towards performance oriented goals. He has also taken up the role of head coach for the official training program of Hyderabad Runners, an organization that has been promoting active lifestyle through running since 2007.



# HIGHLIGHTS



Tata Mumbai Marathon 2019	Full Marathon	3rd Position AG - 2:52:30
Tata Steel Kolkata 25 K 2018	25K	1:38:30
BBCH Nandi Epic 2018	Road Race - Cycling	4th Position
Champions Sportive 2018	Road Race - Cycling	1st Position
Hyderabad 10K 2018	10K	0:37:44
Tour of Glory 2018	Multi-day Stage Race	2nd Position
SBI Green Marathon 2018	Half Marathon	1st Position
Berlin Marathon 2018	Full Marathon	2:59:36
Shivalik King of Mountain 2018	Road Race	4th Position
Tata Steel Kolkata 25K 2017	25K	2nd Position - 1:42:41
Champions Sportive 2017 Delhi Finals	27 Km	3rd Position
Champions Sportive 2017 Hyderabad	100 KM	1st Position
Ironman 70.3 Turkey 2017	Ironman 70.3	Country AG Rank #1 in 2017 - 5:02:04
Freedom Ride 2017 Hyderabad	Road Race - Cycling	1st Position
TamilNadu Cycling Club Time Trial	Time Trial	2nd Position
Hyderabad Bicycle Racing Time Trial	Time Trial	2nd Position
Cykul Freedom Ride 2016	Road Race - Cycling	1st Position
Tour of Friendship, Thailand 2016	Stage Race	General Clasifcation Rank: 25
Bangalore Amateur Racing ITT	ITT	3rd Position
Tri Thonnur 2016	Half Iron Triathlon	3rd Position
Freedom Ride 2016 Hyderabad	Road Race - Cycling	1st Position
Monsoon Duathlon, Pune	Olympic Duathlon	1st Position



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